**9 Healthy living / Lifestyle**

**9.3 – At the Doctor’s**

**Level:** B1

**Leírás:**  
Students can practise speaking about common health problems.

**Setting:** The scene takes place in a small doctor’s office. The atmosphere is calm and professional. Furniture & layout: A desk with a computer, a chair for the patient, and a medical examination bed in the background. A few medical posters (body diagram, healthy habits) hang on the wall.

**Characters**

* **Doctor** – A calm, friendly adult man (mid-40s). Wears a white coat, stethoscope around the neck. Professional and reassuring.
* **Bryan** – A 17-year-old boy with short brown hair. Looks tired but polite. Wearing casual clothes and carrying a school bag.
* **Nurse** (optional background role) – Sits at the desk or walks in briefly.

**Slide 1**

**Scene:** Doctor’s office. Bryan knocks at the door.  
**Action:** Doctor looks up from the desk.  
**Dialogue:**

**Doctor:** *Good morning. Please, come in.*

**Bryan:** *Good morning, doctor.*

**Slide 2**

**Scene:** Bryan sits down. Doctor looks concerned but friendly.  
**Dialogue:**

**Doctor:** *What seems to be the matter?*

**Bryan:** *I have a sore throat, and it hurts when I swallow. I have a runny nose too.*

**Slide 3**

**Scene:** Doctor takes notes on a clipboard.  
**Dialogue:**

**Doctor:** *I see. Do you also have a cough or a fever?*

**Bryan:** *Yes, I have a little cough, but I don’t have a fever. I often sneeze too.*

**Slide 4**

**Scene:** Doctor checks Bryan’s throat with a small flashlight.  
**Dialogue:**

**Doctor:** *How long have you had these symptoms?*

**Bryan:** *Since yesterday morning. It got worse last night.*

**Doctor:** *Do you feel tired?*

**Bryan:** *Yes, a bit. I didn’t sleep very well because of my sore throat.*

**Doctor:** *Let me check it. Please open your mouth and say “ahh.” Yes, your throat is red and a bit swollen.*

**Slide 5**

**Scene:** Doctor uses a stethoscope, listens to Bryan’s chest. Bryanbreathes deeply.

**Dialogue:**

**Doctor:** *Now I’d like to listen to your chest. Please take a deep breath in. Now let it out. Good. Your lungs sound clear.*

**Slide 6**

**Scene:** Doctor measures blood pressure.  
**Dialogue:**

**Doctor:** *I’ll also check your blood pressure. Please roll up your sleeve. Well, your blood pressure is normal. That’s good.*

**Slide 7**

**Scene:** Doctor writes notes at the desk.  
**Dialogue:**

**Bryan:** *What do you think it is, doctor?*

**Doctor:** *Don’t worry.* *It looks like you’ve caught a cold. Nothing serious. But you need some medicine too. You should drink warm tea with honey. Stay at home for a few days and rest as much as you can.*

**Bryan:** *All right. Can I have a note for school, please?*

**Slide 8**

**Scene:** Doctor writes the note and hands it to Bryan.  
**Dialogue:**

**Doctor:** *Of course. I’ll write an excuse note for three days.*

**Bryan:** *Thank you.*

**Doctor:** *You’re welcome. Take care and get well soon.*

**Exercise (single select)**

Read the questions. Choose the correct answer.

1. What health problem does Bryan have?  
   a) He has a stomach ache.  
   b) He has a sore throat and a cold. ✅  
   c) He has a broken leg.
2. What does the doctor check first?  
   a) Bryan’s temperature.  
   b) Bryan’s throat. ✅  
   c) Bryan’s ears.
3. What does the doctor say about Bryan’s blood pressure?  
   a) It’s high.  
   b) It’s low.  
   c) It’s normal. ✅
4. What should Bryan do to get better?  
   a) Go to school.  
   b) Drink warm tea and rest. ✅  
   c) Do more exercise.